

where.s fred.s

BRUNCH served until 3pm

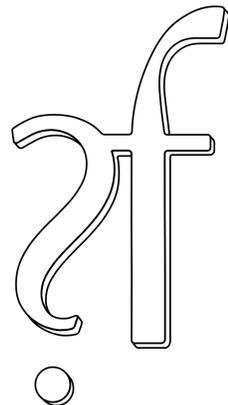
- Avocado on sourdough topped with toasted seed mix, chilli and lemon (vv) 7.8
- Scrambled eggs on sourdough cracklebean eggs topped with toasted seed mix and micro chives (v) 7.8
- Pan con tomate with fried eggs (v) 8.4
- Fred's Granola homemade granola with Greek yogurt, banana and rhubarb compote (v) 7.5
- Truffle egg croissant croissant filled with truffle scrambled eggs and rocket (v) 9.5
- Fred's loaded banana bread served with Greek yogurt and fresh figs 7.5
- Sautéed mushrooms with sundried tomato and pistachio pesto on sourdough (v) 8
- Fred's BLT bacon, lettuce and tomato with garlic aioli on Ciabatta 6.8

ADD ONS + 3
Scrambled Eggs, Fried Eggs, Avocado, Prosciutto, Bacon, Smoked Salmon, Halloumi

LUNCH served from 12pm in addition to the all day brunch menu

- Freshly made sandwiches on focaccia please ask staff for today's flavours
- Lunch hot dish of the week please ask staff for this week's special

(vv) = Vegan (v) = Vegetarian



Please let us know of any food allergies. A discretionary 12.5% service charge will be added to your bill.

We serve unlimited filtered water as part of the Belu filter initiative. 50% from each sale goes to support Belu who's profits go to WaterAid.

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COFFEE

- Black Espresso, Long Black, Americano 2.8
- White Macchiato, Piccolo, Flat White, Cappuccino, Latte 3
- Filter Batch Brew 2.8, Fred's Filter 4
- Other Hot Chocolate, Mocha, Chai Latte, Matcha Latte, Turmeric Latte 3.2
- Iced Americano or Latte 3.2, Cold Brew 3.5, Oat Shake 4.5
- Tea English Breakfast, Earl Grey, Green, Peppermint, Chamomile 2.5
- Large, Extra Shot, Decaf, Oat, Almond, Coconut Milk .5

DRINKS

- London made Momo Kombucha, organic 4.6
 - Lemon & Ginger
 - Raspberry & Hibiscus
- Local organic cold pressed juices 4.8
 - Carrot, turmeric, apple, lemon and ginger
 - Cucumber, apple, kale, lemon and mint.
 - Strawberry, apple, lemon and basil
- Hot shot lemon, ginger, agave & cayenne 3.6
- Smoothies 6.8
 - Choc Peanut Butter Cacao, peanut butter, cacao nibs, chia seeds, flaxseeds, banana and almond milk
 - Aussie Dream Spinach, pineapple, banana, avocado, almond milk and bee pollen
 - Breakfast Smoothie Berries, oats, dates, cashews, banana and almond milk
 - Good Vibes Banana, mango, cashews, dates, ginger, turmeric, cinnamon and almond milk